






CORK FOYER ANNUAL REPORT 09



WHAT WE'VE DONE THIS YEAR

THE WIDER FOYER NETWORK

Cork Foyer is a proactive member of the Northern Ireland Foyer Network Group. The strong Irish network is chaired by Louise Montgomery (Strand Foyer Manager) which stimulates opportunities for staff and residents alike and openly promotes the sharing of best practice from like minded practitioners.

	CORK FOYER Assumption Road, Blackpool, Cork
	BELFAST FOYER 5 Malone Road, Belfast, BT9 6RT
	STRAND FOYER 79 Strand Road, Derry, BT 48 7BW
	LURGAN FOYER Mount Zion House, 53 Edward Street Lurgan, Co. Armagh, BT66 6 DB
	FLAX FOYER 16 Flax Street, Belfast, BT14 7EJ

CORK FOYER ANNUAL REPORT 09



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Coiste Gairmoideachais Chathair Chorcaí
City of Cork Vocational Education Committee

CHAIRMAN

As the Chairman of the Cork Foyer Management Board I am extremely proud to present the Annual Report for 2009. With its progressive and highly regarded service, it is hard to believe that the Foyer is only entering its fourth year of operation and has already housed and supported over 115 young people, who have found themselves homeless or at risk of becoming homeless. The achievements of our service users continue to challenge and inspire all who are involved with this unique project.

The restriction of state funding combined with the need to meet the underlying principles of national and local homelessness strategies has enforced the need to deliver cost effective and efficient services. During this, the most financially challenging year experienced by the Cork Foyer, the Health Service Executive, Cork City Council, City of Cork VEC and other stakeholders have continued to underpin the Foyer's high quality core services, to which we are all truly grateful. Despite financial constraints and the alignment of key priorities, the Foyer Management Board and staff team have remained resolute in their aim to proactively deliver stimulating activities and promote community integration, without losing sight of its primary functions.

Working in tandem with Corrigan's City Farm and Churchfield Community Trust Ltd, the Foyer Garden Project has expanded our work, significantly, to the benefit of the wider community and a variety of organisations that work with the homeless or vulnerable people.

Generous funding kindly awarded by Pobal during 2009 will enable the Foyer to continue its accredited horticulture programme for the next two years.

The wide-ranging learning programmes, diverse activities and real achievements outlined in this report are a testament to the hard work and enthusiasm of the staff and visiting facilitators. ABLES Adult Literacy Group and the YMCA are at the nucleus of Foyer learning. The professionalism and innovation of their facilitators removes potential barriers to learning and develops the skills and confidence of individuals, which ultimately helps young people take their next step towards independent living, learning and work.

I would like to make special mention to Tom Daly, VEC Education Officer who retired from the Foyer Management Board and City of Cork VEC during 2009. His endeavours and commitment were instrumental from the outset of the Foyer project, ensuring the Foyer's holistic service was complete with tailored VEC funded programmes in situ. Tom's continued understanding and support will be greatly missed by the Foyer and its Management Board.

I also wish to thank the members of the Management Board and all the staff for their dedication and hard work throughout the year. Their advice and vision has been invaluable and contributed enormously to the success of the project.

Dave Cody
Chairman



ABOUT US

MISSION STATEMENT

Cork Foyer offers quality affordable accommodation with education and training at the heart of the Project. We strive to develop independent living skills through integrated training programmes and clear-cut Support Plans, empowering young adults to realise their full potential and take their rightful place in the community.

Through the combined efforts of the Homeless Forum, Cork City Council and Cork Foyer Management Board the development of the Cork Foyer project, which has been in operation since March 2006, was one of the key objectives achieved from the '2005-2007 Homelessness An Integrated Strategy for Cork'.

The Foyer is an eighteen unit supported Residential Project that has been developed to meet the diverse and complex needs of a targeted sector of the City's homeless population. The service user enthused provision is specifically tailored to meet the needs of young single people aged between 18 and 25 years old who are homeless or at risk of becoming homeless, whilst proactively engaging with the wider community.

The Foyer complements existing services and works in very close partnership with Healthcare Professionals, Social Services, Accommodation Providers and numerous other Voluntary and Statutory agencies, playing a key strategic role in reducing youth homelessness in Cork.



PROMOTING INDEPENDENCE THROUGH HOUSING SUPPORTS

MY EXPERIENCE - GILLIAN

A couple of months before I moved into the Foyer my daughter was taken into care. I lost my house and was living in Edel House hostel. With my child in care I ended up in Cork University Hospital twice. Since I moved into the Foyer, I have completed a training course at the YMCA. I can talk to staff about anything day or night. Most importantly I have access three days a week with my daughter and I am due to have her back later this year. By living in the Foyer I am learning a lot about myself and that when I put my mind on something I can accomplish it.



The quality housing supports that we provide makes us more than just a landlord. Homelessness and disadvantage necessitates the need to address many underlying issues through the assessment of need and a client centred approach to our work. Working in partnership allows the young people we support to access opportunities from other sectors such as health, education and employment.



KEY INFORMATION ABOUT APPLICANTS

Throughout 2009, the Foyer received a total of 39 new housing application forms:

Applicants by Gender

28 Male 11 Female

Applicants by Age

5 aged eighteen
10 aged nineteen
5 aged twenty
5 aged twenty one
7 aged twenty two
4 aged twenty three
3 aged twenty five

Applicants by Last Known Area

1 Ballina	1 Ballinlough	2 Ballyvolane
1 Bishopstown	2 Blackpool	1 Blackrock
1 Carrigaline	1 Churchfield	3 City Centre
1 Cork Prison	2 Dublin	1 Farranree
1 Glanmire	1 Grenagh	1 Inishannon
2 Knocknaheeny	2 Limerick	1 Mahon
1 Mallow	2 Mayfield	2 Middleton
4 No Fixed Abode	1 Passage West	1 St Lukes
2 The Glen	1 Tower	

Housing Applicants Status

24 successful – 3 applied in 2008
7 unsuccessful – 1 applied in 2008
12 withdrawn

Applicants by Ethnicity

35 Irish
1 British
2 Eastern European
1 North African



■ Irish
■ British
■ Eastern European
■ North African

Applicants by Source

7 Edel House
1 Mayfield Training Centre
7 Self- out of home & living temporary with family/friend
1 Cork Alliance Centre
4 Cork Simon Community
1 Cork Prison Post Release Service
3 St Vincent's Hostel
1 Local Drugs Taskforce
2 North Lee Social Services
1 Pathways
2 Wellspings
1 The Outreach Project
1 Cork City Council Homeless Outreach
1 Churchfield Community Trust Ltd
1 Liberty St House
1 Focus Ireland
1 Probation & Welfare Service
1 Limerick HPU
1 National learning Network
1 South Lee Social Services

MY EXPERIENCE - STEPHANIE

I moved into the Foyer at the start of September. I was told about it by people in Edel House. I've been here a few months now and I've made a lot of friends here. The staff are sound enough and are very helpful. I've been enjoying my time here and regularly get involved with the internal training. I particularly like the cooking sessions. I think the Foyer provides a good and important service for young people who are out of home.



Each resident is required to sign up to a Personal Support Plan which is tailored to meet the needs of each young person and their aspirations, however they all aim to address key underlying issues and potential barriers to achieving their own personal goals, ultimately improving their health, participation and independent living skills. The whole support process helps to identify areas which give service users cause for concern and helps them to learn to accept or find ways to cope with the things they cannot change. For some young people this will involve linking with an addiction counsellor or psychiatric services, for others it might involve the rebuilding of relationships. Witnessing the wide ranging progress made with individual's, be it large or small, and reading the feedback from our residents allows us to reflect back over 2009 with great pride and sense of achievement.

KEY INFORMATION ABOUT RESIDENTS

During 2009, the Foyer provided 24 new lettings, of which 6 residents were registered with a disability.

Residents by Gender

- 14 Male
- 10 Female

Residents by Ethnicity

- 22 White Irish
- 1 White British
- 1 Eastern European

Residents by Age

- 17 18-20 years old
- 7 21-25 years old

Some Core Issues on Entry

- 19 Experienced family issues/breakdown
- 10 History of drug use/misuse
- 8 Lived in care
- 2 Have a learning/intellectual disability
- 3 History of offending
- 5 History of alcohol misuse
- 7 History of mental illness
- 1 Suffered physical/sexual abuse

Note: Individual residents have been recorded under more than one category

MOVING ON

The Foyer strives to resettle its residents back into the community at the soonest opportunity and of course when residents feel ready and equipped for independent living. This, perhaps one of the most difficult steps to take for our residents, ultimately requires the identification of a suitable property, financial viability and in many circumstances, participation and supports to help sustain a successful tenancy.

Throughout 2009, 23 residents moved on from the Foyer, 16 of which were planned with the support of the Foyer staff. The average length of stay for those residents leaving the Foyer during 2009 was 8 months.

Where did the residents move too?

- 10 Private landlord
- 3 Rental Accommodation Scheme
- 3 Sharing with family members or friends
- 3 Other homeless service provider
- 4 Unknown



- Private landlord
- Rental Accommodation Scheme
- Sharing with family members or friends
- Other homeless service provider
- Unknown

MY EXPERIENCE - DONAL

I found the Foyer to be a nice place to live, things were always kept calm and it was nice having a roof over my head. I learned how to cook meals for myself as I lived off quickies beforehand. I also learned to wash my own clothes and matured while I was living there. I have started a course at St Johns and moved into my own place. I might call up to the Foyer sometimes to have a chat or ask for guidance. I hope to go on and have a nice life and keep on going forward.



The Foyer ultimately aims to decrease the level of support required by former residents as soon as practicably possible and often involves linking former residents into community facilities, activities, and for some, ensuring they have access to specialist help through the HSE or a voluntary organisation.

SERVICE USER FEEDBACK

The Foyer's policy and procedure for consulting and informing service users promotes a consistent approach towards service user and key stakeholders expectations, thus achieving the highest possible standard of service provision, as defined in the Foyer's Resident Charter. The Foyer takes a positive approach to dealing with complaints and proactively encourages feedback on how it can improve the service it delivers. All formal complaints and feedback from the resident service review questionnaires are recorded on a log and monitored by the Management Committee.

During 2009, the Foyer received nine written complaints, none of which were received from an external source. Eight complaints were dealt with at stage one of the Foyer complaints procedure and one at stage two. All of the complaints were satisfactorily resolved within specified timescales.

A total of seventeen current resident satisfaction surveys were also submitted during 2009. All respondents expressed that they were satisfied with the Foyer service overall.

DEVELOPMENTS FOLLOWING FEEDBACK FROM FOYER RESIDENTS IN 2008

As a direct result of the feedback from Foyer residents during 2008, the Foyer has:

- Commenced the replacement of carpets in each bedroom with laminate flooring upon vacancy
- Replaced poor quality beds with a more stable design
- Introduced a resident purchase scheme, allowing residents to buy a television and/or microwave whilst living at the Foyer
- Reviewed restricted internet sites in the IT suite

WHAT SOME RESIDENTS HAD TO SAY:

"I am satisfied but I would rather have my own place"

"Nice atmosphere and friendly people and staff"

"I don't live on the streets thanks to the Foyer"

"I am satisfied because it's a great place to live if your thinking about living by yourself and it sets you up for that"

"I like the way its run and like the training as well"

"Everything in general is grand and if I have problems they help me. I can talk about all issues of my life and it's a great help to me"

GROWING INTO THE COMMUNITY

The Foyer Garden Project is a fantastic initiative that has put the Foyer at the heart of the local community whilst helping the most vulnerable in society, including the homeless. The inspired vision to fully utilise the green space at the rear of the Foyer became reality in just under 18 months, providing another milestone in the Foyer's short but eventful history.

The Foyer was privileged to have the Lord Mayor Cllr Brian Birmingham officially open the project on the 14th May 2009 which includes a large modern glasshouse, toddler play park, allotment spaces and seasonal coffee pod with toilet facilities. It was humbling to see so many people share in the Foyer's celebrations and witness the unveiling of a plaque in recognition of the work undertaken by the previous occupants of the Foyer, the Little Sisters of the Assumption.

During the official opening of the Garden Project it was announced that the Foyer had been successful in its application to secure funding to deliver Fetac accredited and non accredited horticulture programmes to clients from a variety of homeless services, including the Foyer. The generous funding received from Pobal has enabled the Foyer to recruit Olive Ryan (VEC registered Horticulturist) to deliver horticulture programmes over two years with the kind help of one of the Corrigan's City Farm volunteers, Denis Murphy. The Foyer has also facilitated the therapeutic needs of other vulnerable groups, including the Brothers of Charity and the Basement Centre in addition to numerous visits from local schools etc. The Foyer now has 28 people regularly participating in its horticulture programme.





“The gardening project so far has been a great success and appears to be really benefiting the service users of Cork Simon Community. There are usually about five to six group members who attend the gardening course every Monday from two to four. All the group members are very hands on and are really willing to throw themselves into the work and accept any guidance and instructions from the facilitators Denis and Olive. Feedback from the gardeners themselves suggest that they really enjoy the Monday afternoons work, its gives them something to do and some group members have even suggested that they would like to continue gardening after the course is over.

The gardeners do everything from planting and sowing seeds to cultivating crops and weeding. Each gardener will be able to take home some of the flowers and vegetables that they have planted by the end of the course. Its not all-hard work, every week there's time for coffee and a chat.

From my perspective as a student I have really enjoyed going to the Foyer with the group. We have all learned a lot about gardening but also it has been a really good social outlet for all involved and there is a real camaraderie between all the gardeners and indeed Olive and Denis. I would see it as a very successful project and have thoroughly enjoyed being part of it.

*Therese Muldowney,
Student Social Worker, Cork Simon Community*

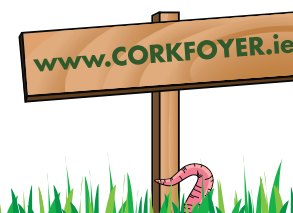
“The Foyer Garden project has enabled our group of young adults to integrate with other community groups in an inclusive, supportive and holistic environment on their Fetac accredited horticulture programme. With the support of V.E.C horticulture tutor Olive Ryan, and her assistant Denis Murphy, our service users are encouraged to learn at their own pace, recognising that the progression route is different for everyone. Both Olive and Denis are extremely helpful and knowledgeable and have exceeded our expectations of promoting the development of the independent living skills of our service users. We look forward to continuing our association with the Cork Foyer.

Rose Mintern and Eoin Wallace, Community Facilitators, Brothers of Charity

The most surprising development during 2009 was the inclusion of RTE in selecting the Foyer as an ideal venue to film the Corrigan's City Farm television programme, fronted by celebrity Chef Richard Corrigan. The programme followed the trials and tribulations of several volunteers growing their own fruit and vegetable and keeping small livestock in an urban setting.

“What better way to promote urban gardening, the Foyer and wider garden project than having coverage on national television”.

Barry Waddingham Foyer Manager





Now operating from the centre section of the glasshouse, Churchfield Community Trust is successfully delivering its full horticultural programme (2 days per week). CCT is a community project based on the northside of Cork city since 1996. There are a number of other elements to the project including woodwork, painting, computers, leisure activities and a variety of other activities associated with a holistic approach to recovery from addiction.

With a strong emerging partnership during 2009, Churchfield Trust and its service users agreed, on a pilot basis, to operate the seasonal cafe to the greater benefit of the community, wider project and those participating in programmes. A few Foyer residents volunteered to work in the café, providing them with a realistic experience to add to their CV's. The café will continue to operate and develop during 2010, and it will be linked with a HACCP Certificate for all those who give their time voluntarily.

“The new location for our horticulture programme is such a great environment to work in, providing us with many new opportunities”.

Eileen O'Brien, Project Director, Churchfield Trust Ltd

The Foyer rounded off the summer by holding a great Family Fun Day for children from the local area. The rainy day was soon forgotten with a magician, face painting, children's entertainer and BBQ keeping everyone busy. The Foyer and all who are involved in the garden project are already planning next years growing season and how to get the best from this great facility.



OTHER COMMUNITY INVOLVEMENT

Cork Life Long Learning Festival

In April the Foyer participated in Cork's Life Long Learning week where it invited the general public to learn about the Foyer's services allowing people to enjoy a tour of the building, the recently developed Garden Project and Cork Community Bikes. An additional demonstration of napkin folding was also put on so people could avail of some tips used in the catering trade or if they wanted to impress guests.



Cork Culture Night

The Foyer took part in Cork Culture Night back in September and contributed to providing a hub of activity in the Blackpool area for the evening. At this event we provided an opportunity for the general public to take a tour of the premises and find out about some of the activities that take place at the Foyer. A tour of our Garden Project, famously renowned for its involvement in the TV series "Corrigan's City Farm", and an opportunity to pedal push your own smoothie drink with Cork Community Bikes.



Community Bikes

Cork Community Bikes have been involved with many projects and events throughout the year. They continued to deliver youth and adult bicycle maintenance workshops. In total four adult maintenance workshops were delivered from the Foyer and three earn-a-bike youth maintenance workshops with young people from the Togher area. The workshop has been open to the public every Saturday throughout the year and has seen a steady stream of visitors. This has all been possible with the support of volunteers.

Outside of these regular activities the group took part in many community events throughout the year. These included the Bike-Swap-Shop, Cork Cycling Arts Festival 2009, the Big



Lunch in the Presentation Convent, Culture Night and 'the Rebel Pedal' for European Mobility Week.

Cork Community Bikes finished off the year working with the Traveller Visibility Group building a 'sulkie' (horse cart) with their adult group. The 'sulkies' built at the workshop were a miniature version of those you see used on the roads. This was the second project in collaboration with TVG and hopefully there will be more to follow in the coming year.

FULFILLING POTENTIAL THROUGH EDUCATION, TRAINING & DEVELOPMENT ACTIVITIES

At the heart of the Foyer ethos is the commitment to encouraging residents to develop personally, and to achieve things they may not have previously thought they were capable of. This is done by providing residents with a variety of educational, social and personal opportunities, combined with staff support and encouragement.

Throughout 2009 the Foyer continued to be supported by the VEC mainly through Ables Adult Literacy Scheme, the YMCA and the Academy of Music. All delivered education to the Foyer residents and provided focused support around the residents' individual training plan. Along with this the Foyer was able to provide further opportunities to its residents through the introduction of the horticulture programme, the accreditation of the YMCA Food and Cookery programme (Fetac level 3) through Ables, and the ongoing support of other community projects' schemes and initiatives.



INTERNAL TRAINING PROGRAMMES

Ables Adult Literacy Scheme

Information Technology (Fetac 3 & 4)
ITABE
Career Information (Fetac 3)
Preparation for Work (Fetac 3)
Personal/ Interpersonal Skills (Fetac 3 & 4)
Communications (Fetac 3)
Numeracy (Fetac 3)

Cork Academy of Music

Music Appreciation (Fetac 5)

YMCA

Cookery (Fetac 3)
Forward/ Lifeskills
Signposts

Foyer

Employment Programme
Healthy Food Made Easy
Soccer
Horticulture (Fetac 3)- Pobal Funded

Achievements of Fetac Modules during 2009:

Fetac 3 Modules 17
Fetac 4 Modules 8
Fetac 5 Modules 2

MY EXPERIENCE - JESSICA

When I first moved into the Foyer I was having second thoughts about living in the Foyer, but soon got used to living here. I moved here in May 2009 and the other residents welcomed me to the Foyer. For the first couple of weeks it was hard to talk to any other residents. The staff here are helpful too. I do classes here Mondays to Thursdays. I sometimes work in the café by the greenhouse on Fridays. This is my first time doing this work and I really enjoy working out there. I have been here about nine months and the Foyer has helped me out so much since I have been here. At the moment I have three certs from the Ables classes and the modules are very helpful to me. I can use what I learned when I'm ready to live independently.



Hillgrove Outreach Project
First Employment Services
FAS
Cork Adult Guidance Services

Colaiste Stiofain Naofa
Cork Volunteer Centre
Shandon Therapy Centre
National Learning Network

It continues to be reassuring to know that there are a number of services available in the community for those who need support around living independently. From accessing counselling to pursuing an opportunity in employment or a course at college, the services listed above give an example of the support that the Foyer residents are being linked up with through their tailored support plans.

SUPPORT PROVIDED BY VISITING TRAINING FACILITATORS

The Foyer staff team is further supported by facilitators who come to the Foyer to deliver programmes to the residents on a regular basis. Their adaptability and hard work enables residents to avail of education in a framework that suits them. The following gives an overview from each facilitator of the work that they do at the Foyer.



Olive Ryan (Pobal Funded Horticulturist)

I began working at the Foyer in January 2009. Since the garden project

started there has been considerable interest, partly because of RTE involvement. I deliver four horticulture classes per week on Mondays and Fridays which aim to involve all sectors of society with this exciting new development. The Foyer gardens are a very busy and rewarding place to work and I look forward to further developments in the coming years that will continue to enhance the use of this space for all.



Geraldine McCarthy (YMCA Cookery Tutor)

I have been delivering cookery sessions at the Foyer for three years. Residents work towards

achieving Fetac 3 in Food and Cookery. For this Residents must prepare and cook a healthy breakfast, lunch and three course meal. They must work as part of team and evaluate their experience in relation to working within a group, considering the nutritional benefit of each meal and making suggestions as to how it could improve. Work at the Foyer is very enjoyable, interesting and varied.



Lorraine Kingstone (Ables Tutor)

I thoroughly enjoy being part of the Ables team in the Foyer. It's a very

satisfactory experience as a tutor. The residents participate in a broad range of Fetac courses which allows them to work at their own pace in a relaxed flexible atmosphere. Achievements, friendships, awards, success and confidence are just a few things that emerge from these classes.



Irene Walsh (Ables Adult Literacy Volunteer)

I have always been interested in voluntary work and I signed up for a ten week training

course with Ables which I really enjoyed as it was not only a great learning curve but a very enjoyable social experience. I was placed with a resident from the Cork Foyer in September 2008. I still meet with him on a weekly basis where we work on all areas of literacy & numeracy. I feel we work well together due to the support from both the staff at the Cork Foyer and the agencies associated with it.



Martina Adair (Ables IT Tutor)

I started computers as a beginner in 1996 and went on to do several accredited computer

courses. All of my courses were held in my local CDP and from there I went to

do Tutor Training and JEB as I felt I had the ability to pass on what I had learnt. I have now been teaching various age groups for 10 years and I find it very fulfilling. Working at the Foyer is an exciting new challenge for me, and I am thoroughly enjoying it. It is a pleasure to teach people with such enthusiasm who are more than willing to engage with me and with others, and I always get a great response in my class.



Imelda Lotti (Ables Tutor)

I work from Ables in the Glen and from there I am assigned to different centres. I teach

computers, communications, and ITABE. My favourite centre is the Foyer where I can help young adults in getting the help they need. Between courses and advice I feel residents get a helping hand to get their lives back on track. While it took me sometime to decide what I wanted to do with my life, this tutoring, seems to be the best decision I have ever made, knowing that I can make a difference to somebody's life.



John Russell (YMCA Facilitator)

The Díon project has had a link with the Foyer since the Foyer opened its doors. We provide a

programme called Fast Forward, which is an independent life skills programme, providing the participants with skills and information that will assist them when they get their own place. There is also an emphasis on personal development in this programme. What we offer the participants is an eclectic mix of practical information from tenants' rights, social welfare information to sessions on drugs & alcohol and even Aromatherapy. The Aromatherapy session always proves to be a success, especially with the lads!

Patsy Horgan (Ables Tutor)

In my job I constantly work with young people who are struggling to improve their lives and I like to think that my effort makes a positive contribution in this struggle. I consider myself as having the great privilege of being a "Front-Line Worker" working with some of the most dedicated people you could hope to meet. My background is rooted in behaviour-therapy and literacy tuition and in both these fields I have gained invaluable experience while working in The Prison System, Probation, Move (Domestic Violence Intervention), Cork Simon Community and among others Cork Foyer. At present I am employed by Ables, an educational organization, based in the Glen and I divide my time between Cork Simon, Cork Foyer and the resource centre in the Glen. I spend one day a week working exclusively with young people in the age group of 14 to 18 years for the HSE. And, most importantly, I love my work..

Michael (Volunteer)

I have been a Volunteer tutor in the Cork Foyer for the past 5 months, I'm part of 'Ables' and I help Patsy and Lorraine in tutoring the residents, we work in a group situation but I tend to give one-to-one tuition where and when its required. I am enjoying my time at the Cork Foyer and feel I am building a good working relationship with the residents. Tutoring is something that I have a passion for and I'm glad of this opportunity to hone my skills under the guidance of Patsy and Lorraine. I know it's an old cliché but you really do get more out of it than what you put in.

EXCHANGE TRIP TO TODD'S LEAP

In August three residents from the Cork Foyer were invited to attend a cultural exchange trip with four other Foyers in Northern Ireland, Belfast Foyer, Flax Foyer (Belfast), Lurgan Foyer and the Strand Foyer (Derry). The trip was predominantly funded through "The Big Lottery Fund" in the UK.

The trip consisted of three days of outdoor activities at Todd's Leap Team Building Activity Centre (www.toddsleap.com) in Co Tyrone. As part of the travel plans residents were kindly accommodated in the Belfast Foyer and got to see, albeit for a short time, what life in a different Foyer is like. Many thanks again to the staff of the Belfast Foyer for organising this for us.

Residents and staff were immediately thrown into action. Everyone was split into different groups and took part in team building games and activities. The most popular activities by far were Quad Biking, Clay Pigeon Shooting, Archery and Off Road Driving (Sometimes Blindfolded). The instructors at Todd's Leap were extremely friendly and organised. There was also a Rodeo Bull competition which proved less enticing for some but one of our residents excelled at it and impressed all with his ability to hold on for dear life. Points were allocated to each team based on their performance in the activities. The winning team would be driven around the off road track by a professional rally driver at speeds of up to 60mph. Unfortunately none of our residents were on the winning team, though some were relieved not to be after seeing the slightly shaken winners when their off road drive had finished. On arriving back to Cork our residents were tired but happy having enjoyed their trip, their burning question was "can we go again next year"?



FOYER STAFF TEAM

Barry Waddingham	Foyer Manager
Ciara Ridge	Deputy Foyer Manager & Training Co-ordinator
Susan Edwards	Project Worker
Ruairi O'Farrell	Project Worker
Catherine McAdoo	Administrator
Patrick Foskin	Night Premises Supervisor
Richard Meagher	PT Night Premises Supervisor
Patrick Fitzsimmons	PT Night Premises Supervisor

The core staff team are supported by a dedicated team of Relief Support Workers:

Patrick Fitzsimmons
 Phil O'Reagan
 Daniel McIntyre
 Paul Carroll
 Trish Jones
 Jeremiah Slattery
 Pat Horgan
 Deirdre McCarthy

STAFF FEATURE - SUSAN EDWARDS

I started my career as a volunteer in a homeless shelter in London for 6 years before applying for a position at the shelter as a Resettlement Worker. I worked with a wide range of people from the ages of 16 years to 70 years of age and I was delighted to be able to help them to move on from the shelter to more permanent accommodation. I returned to live in Cork and began working at the Foyer in February 2006 in the position of Project Worker. It does give you a sense of satisfaction when you meet young people and support them with whatever issues they may have and see them move on from the Foyer with the necessary skills to help them to live independently. I've been very lucky that I was able to avail of a wide range of training courses to help me in my current role.



CORK FOYER

INCOME AND EXPENDITURE SUMMARY AS OF 31 DECEMBER 2009

Foyer General Account:

INCOME

Rent & Miscellaneous Income	€105,254
Funding from Health Service Executive	€312,010
Heritage & Local Government Department of Environment	€203,158
Total Income	€620,422

EXPENDITURE

Payroll	€444,709
Capital Replacement/Development Fund	€66,801
Establishment Costs	€55,207
Repairs & Maintenance	€26,488
Advertising	€5,395
Miscellaneous	€3,646
Professional Fees	€1,793
Non Capital Equipment	€1,375
Printing & Stationery	€5,753
Housing Management Cost	€9,255
Total Expenditure	€620,422

FOYER RESIDENT HARDSHIP/PARTICIPATION ACCOUNT

Balance as of 1st January 2009	€12,454
Total Income	€ 5,372
Total Expenditure	€5,847
Balance as of 31 December 2009	€11,979

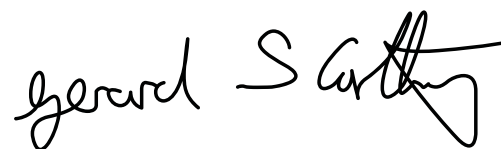
CAPITAL REPLACEMENT/DEVELOPMENT ACCOUNT

Balance as of 1st January 2009	€46,530
Total Income	€77,801
Total Expenditure	€50,113
Balance as of 31 December 2009	€74,218

GARDEN PROJECT

Balance as of 1st January 2009	€00,000
Pobal Income	€20,355
Other Income	€1,928
Total Expenditure	€1,385
Balance as of 31 December 2009	€20,898

Certified By:



Gerard S McCarthy
Management Accountant, Cork City Council

FOYER MANAGEMENT COMMITTEE MEMBERS

Dave Cody

Chairman
CEO
Cork City Enterprise Board
Union Quay
Cork

Dennis Hickey

Project Manager
Cork / Kerry Region
Health Service Executive
Unit 10a,
South Ring Business Park
Kinsale Road
Cork

John Fitzgibbon

Education Officer
City of Cork VEC
21 Lavitt's Quay
Cork

Gerry McGrath

Senior Development Officer
Community Services
FÁS
Rossa Avenue
Bishopstown
Cork

Barry Waddingham

Cork Foyer Manager
Assumption Road
Blackpool
Cork

Ciara Ridge

Cork Foyer Deputy
Manager and Training Co-ordinator
Assumption Road
Blackpool
Cork

Jim O'Donovan

Director of Services
Community and Enterprise Dept
Cork City Council
Cork

Eric O' Connor

Treasurer
Senior Staff Officer
Housing & Community Services
Cork City Council
Cork

Aileen O'Connor

Homeless Officer
Housing & Community Services
Cork City Council
Cork

Karina Cremin

Senior Executive Officer
Housing Department
Cork County Council
County Hall
Cork

Tony Holton

Member of Blackpool Community
Co-operative Service Centre Ltd
90 Great William O'Brien Street
Blackpool, Cork

Sgt John O'Connor

An Garda Síochána
Mayfield Garda Station
Mayfield, Cork

Invited Resident Representatives

Cork Foyer
Assumption Road
Blackpool
Cork

The Chair, members of the Board and Cork City Council would like to acknowledge the dedication and commitment of the Board members who left during 2009. Their expertise and experience will be greatly missed;

Tom Daly

City of Cork VEC

Tom Walsh

Blackpool Community Association

Denis Mulcahy

Blackpool Community Association





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